

MasterChef winner backs campaign to make the public aware of links between cancer and obesity

THE winner of MasterChef: The Professionals is backing a campaign calling for restrictions on junk food and drink multi-buy offers to help tackle the country's growing obesity problem.

Gary Maclean, from Glasgow, is supporting Obesity and Cancer Awareness Week, a new joint initiative from Cancer Research UK and **Obesity Action Scotland**.

The week, which runs until Saturday, aims to highlight the link between the two issues.

Obesity is linked to 13 different types of cancer

and is the second biggest preventable cause of cancer in the UK after smoking, Cancer Research UK said.

Almost one-third of Scottish adults were overweight or obese in 2016, while 29 per cent of children were at risk of being overweight or obese.

Mr Maclean was served a large 5lb lump of "body fat" on a silver platter of doughnuts at the launch of the week yesterday to highlight the link between obesity and cancer.

He said: "To see and feel what five pounds of body



Gary Maclean holds doughnuts and 'body fat'.

fat actually looks like is really shocking. It's hard to believe so many of us

are carrying extra weight around on our bodies all the time."